

Food & Nutrition Resource Sheet (Mesa / Gilbert / Chandler)

House of Refuge Food Bank

Address: 6858 E Ursula Ave, Mesa, AZ 85212 [House of Refuge](#)

Phone: 480-988-9395 [House of Refuge](#)

Mailing / Admin Contact: 6935 E Williams Field Rd, Mesa, AZ 85212 · 480-988-9242 · info@houseofrefuge.org
[House of Refuge](#)

Hours (Food Bank / Donation Center):

- Thursday & Friday: 10:00 a.m. — 4:00 p.m.
 - Saturday: 10:00 a.m. — 2:00 p.m.
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United Food Bank

Address (Administrative / Main Office): 245 S. Nina Drive, Mesa, AZ 85210 [United Food Bank](#)

Volunteer / Distribution Center: 358 E. Javelina Ave, Mesa, AZ 85210 [United Food Bank+1](#)

Phone: (480) 926-4897 [United Food Bank+1](#)

Hours:

- Administrative Offices: Monday – Friday, 8:00 a.m. – 4:00 p.m.
- Donation Center / Volunteer Center drop-offs: Mon-Thurs, 8:00 a.m. – 3:00 p.m.

Note: “Neighbor’s Pantry” (United Food Bank distribution) at 358 E. Javelina has specific monthly hours (4th Friday of each month, 9:00-11:00 a.m.) for certain distributions. [Arizona Food Bank Network](#)

St. Mary’s Food Bank

Address (Phoenix / Neighborhood Food Center): 3131 W Thomas Rd, Phoenix, AZ 85009 [Mary's Food Bank](#)

Phone (General Info):

(602) 242-FOOD (3663) [St. Mary's Food Bank](#)

Office Hours (Main/Admin): Monday – Friday, 8:00 a.m. – 4:30 p.m.

Neighborhood Food Center Hours (Phoenix Thomas Rd): Monday – Friday, 7:30 a.m. – 1:30 p.m.

Arizona Supplemental Nutrition Assistance Program (SNAP)

(Contact & hours vary by local DES office; recommend using online DES site or phone) [DES WEBSITE](#)

- You can call the Arizona Department of Economic Security (DES) to find the nearest SNAP office and hours.
 - Website: des.az.gov/services/basic-needs/food
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WIC (Women, Infants, & Children)

- Contact & hours vary by clinic — you would need to find your closest WIC clinic (often through county health dept or state WIC website).
 - Website: azwic.gov for locations and schedules.
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St. Vincent de Paul

- Hours and contact info vary by local chapter. [WEBSITE](#)
 - Many chapters have clothing/food closet hours once or twice a week.
 - Recommend calling the specific St. Vincent de Paul location nearest you in Mesa, Gilbert, or Chandler.
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Local Churches & Community Centers

- These are very variable: some offer food pantries weekly, others monthly.
- Best practice: contact your case manager or look up “food pantry church Mesa AZ” for current schedules.